

Aitkin County Local Advisory Council for Mental Health

What is the Purpose?

To improve the knowledge of a broad range of people who may use mental health services, provide services, and/or are concerned about public policy to find ways to improve local mental health services. The Comprehensive Mental Health Act of 1987 and the Children's Mental Health Act of 1989 require counties to establish a local mental health advisory council. The Act give LAC's a broad role in the review, evaluation ad planning of local systems.

What is the Focus?

Making a difference in the lives of families and individuals living with mental health in Aitkin County. Meetings take place every other month for one hour to discuss unmet needs in our community and to develop recommendations for our County Board. We work to promote mental health recovery and wellness and to reduce the stigma attached to people living with mental health in Aitkin County.

Who fulfills the Purpose- and Focus?

Residents of Aitkin County with a lived experience with mental health, family members of individuals living with mental health, mental health professionals, practitioners, providers, and other Aitkin County community members and business leaders interested in helping to improve the quality of life for people living with mental illness.

Meeting Dates: Second Tuesday of every other month.

Time: 2:00-3:00 PM

Location: LAC meetings are being held **virtually** or **in person** at Petals for Peace. (Drop-in center located at: 209 Minnesota Ave N, Aitkin, MN 56431)

Meeting link: Microsoft Teams

[Join the meeting now](#)

Meeting ID: 292 274 794 39

Passcode: GVqrAj

Questions: Contact Reina Irvine, or Rebecca Person at (218)927-7200
Reina.irvine@aitkincountymn.gov or Rebecca.person@aitkincountymn.gov